

## Reveille Strength and Conditioning Summer Schedule

	Monday	Tuesday	Wednesday	Thursday	Saturday
<b>CrossFit 5-8</b>	8:45 AM-9:30 AM		8:45 AM-9:30 AM		9:30 AM - 10:30 AM
<b>CrossFit 9-12</b>	9:30 AM - 10:30 AM 5:30 PM - 6:30 PM	9:30 AM - 10:30 AM	9:30 AM - 10:30 AM 5:30 PM - 6:30 PM	9:30 AM - 10:30 AM	9:30 AM - 10:30 AM
<b>CrossFit Teens</b>	10:30 AM - 11:30 AM 6:30 PM - 7:30 PM	10:30 AM - 11:30 AM	10:30 AM - 11:30 AM 6:30 PM - 7:30 PM	10:30 AM - 11:30 AM	10:30 AM - 11:30 AM
<b>Weightlifting 9-12</b>		5:30 PM - 6:30 PM		5:30 PM - 6:30 PM	
<b>Weightlifting Teens</b>		6:30 PM - 7:30 PM		6:30 PM - 7:30 PM	

Summer Schedule Starts June 4th and runs through August 11th  
We will be closed July 2nd - 7th